

MY HOPES AND DREAMS

MY HOPES AND DREAMS FOR MY OVERALL FAMILY

What are your goals for your overall family? Are there things you would like to achieve in the next 3-6 months?

MY HOPES AND DREAMS FOR MY CHILDREN

Think about their physical well-being, social well-being, learning and thinking, communication, and ability to take care of themselves. What are some of their strengths and challenges/concerns?

What short-term (3-6 months) hopes or goals do you have for each child?

What are your biggest worries about each child?

MY HOPES AND DREAMS FOR ME

What are your goals or hopes for yourself? Are there goals or things you'd like to do differently?

