

# Relationship Help PERSONALITY TEST

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Welcome to the **Relationship Help Personality Test** developed to help you discover how people are different when it comes to how they handle life and relationships. It can help you think about your own strengths and potential pitfalls with others.

**Here's what to do.** There are seven rows of boxes. First read Row 1 and choose the set of words that sounds the most like you. Put a 6 in that box. Then read through the rest of the boxes in that row and choose the next set of words that sounds the most like you. Put a 5 in that box.

Keep going within each row until each box has a number, down to the number 1. The box with the number 6 is the most like you. The box with the number 1 is the least like you. After you complete Row 1, move on to Row 2 and do the same thing. Then Row 3, Row 4, and so on, until you have done this for all seven rows.

	RED	ORANGE	YELLOW	GREEN	BLUE	PURPLE
ROW 1	<input type="checkbox"/> FORCEFUL, DETERMINED	<input type="checkbox"/> LIKES VARIETY, LIKES PEOPLE	<input type="checkbox"/> PEACEMAKER, AGREEABLE	<input type="checkbox"/> HONEST, DESIRES FAIRNESS	<input type="checkbox"/> LIKES CLEAR INSTRUCTIONS	<input type="checkbox"/> PRODUCTIVE, RESPONSIBLE
ROW 2	<input type="checkbox"/> LIKES GOALS, TAKES ACTION	<input type="checkbox"/> INSPIRING, GREAT COMMUNICATOR	<input type="checkbox"/> PATIENT, CARING	<input type="checkbox"/> HUMBLE, VALUES TRUST	<input type="checkbox"/> PERFECTIONIST, PICKY	<input type="checkbox"/> GETS THINGS DONE ON TIME
ROW 3	<input type="checkbox"/> SPEAKS MIND, STRONG-WILLED	<input type="checkbox"/> ENTERTAINING, LIFE OF THE PARTY	<input type="checkbox"/> SUPPORTIVE, GENTLE	<input type="checkbox"/> COMMITTED, DEPENDABLE	<input type="checkbox"/> THOROUGH, ACCURATE	<input type="checkbox"/> FOCUSED, COMPLETES THINGS
ROW 4	<input type="checkbox"/> QUICK TO ACT, DIRECT	<input type="checkbox"/> LOVES FUN, MAKES QUICK DECISIONS	<input type="checkbox"/> GIVES IN TO OTHERS	<input type="checkbox"/> SPIRITUAL OUTLOOK, VALUES RESPECT	<input type="checkbox"/> LIKES IDEAS, LIKES TO SOLVE PROBLEMS	<input type="checkbox"/> ORGANIZED, LEVEL-HEADED
ROW 5	<input type="checkbox"/> WANTS TO WIN, COMPETITIVE	<input type="checkbox"/> BLURTS OUT WHAT COMES TO MIND	<input type="checkbox"/> WARM, UNDERSTANDING	<input type="checkbox"/> SINCERE, CAN BE NAIVE	<input type="checkbox"/> UNDER CONTROL, INTENSE	<input type="checkbox"/> LIKES TO TEACH, FOLLOWS RULES
ROW 6	<input type="checkbox"/> FIERY, EASILY ANNOYED	<input type="checkbox"/> RISK TAKER, JUMPS AT OPPORTUNITIES	<input type="checkbox"/> EASY-GOING, AVOIDS CONFLICT	<input type="checkbox"/> PURPOSEFUL, THANKFUL	<input type="checkbox"/> LIKES ORDER, LIKES DETAILS	<input type="checkbox"/> BLUNT, TO THE POINT
ROW 7	<input type="checkbox"/> TAKES CHARGE, PROUD	<input type="checkbox"/> LOTS OF ENERGY, SPONTANEOUS	<input type="checkbox"/> LIKES ROMANCE	<input type="checkbox"/> BIG PICTURE FOCUSED, POLITE	<input type="checkbox"/> CURIOUS, LIKES BEING ALONE	<input type="checkbox"/> LIKES HIGH STANDARDS
TOTALS	<input type="checkbox"/> TOTAL RED	<input type="checkbox"/> TOTAL ORANGE	<input type="checkbox"/> TOTAL YELLOW	<input type="checkbox"/> TOTAL GREEN	<input type="checkbox"/> TOTAL BLUE	<input type="checkbox"/> TOTAL PURPLE

**Scoring:** Now, instead of working across the rows, we'll look at the numbers down the columns. Add up all the numbers in the Red column and put the total in the Red total box at the bottom. Then add up the numbers in the Orange column and put that number in the Orange total box, and so forth, for each column. The highest possible score in each column is 42 and the lowest possible score is 7.

*(You may want to transfer your results to the spaces on the following page.) Now, turn the page. ▶*