

OARS PRACTICE

Review the scenario below from the video. Respond to the statement from the video in the table below using OARS and a scaled question.

SCENARIO:

James is a father of 3 where his wife often stays home to help raise the children while he works three low-wage part-time jobs to help support the family. He states that he is currently trying to find a better-paying job, so he would only have to work one job. Through working with James, you have learned that he does not have a high school diploma and has identified earning a GED or high-school equivalency would increase his chances of finding a better-paying job. He set that as a goal but has made no progress over the last several weeks.

STATEMENT I:

“...I value my family and kids a lot. It’s why I do what I do.”

Open-Ended Question:

Affirmations:

Reflection Statement:

Summary:

Scale Question:

STATEMENT 2:

“Because when I finish one job, I go to the next job, and then I finish the last job and by then it’s like 2:00 in the morning. I go home then and go to sleep.”

Open-Ended Question:

Affirmations:

Reflection Statement:

Summary:

Scale Question: