

FAMILY FOCUSED POWERFUL QUESTIONS

ASSESSMENT

- What will your family think is best?
- How will your family feel about your goal?
- What about your goal will resonate most with your family?

ELABORATION

- What other ideas might your family have?
- What else would your family say?
- What more would your family want?

EVALUATION

- What is the opportunity for your family?
- What is the challenge for your family?
- How does this fit with your family's plans/way of life/values?

EXPLORATION

- What can you explore with your family?
- What part of the situation have you not yet explored with your family?
- What other angles would your family suggest?
- What is just one more possibility?
- What are your other options?

IMPLEMENTATION

- What role can your family play in your action plan?
- How can your family support you?
- Which family members will you ask to support you?
- When will you do it?

OUTCOMES

- What do you want for your family?
- If you got it, what would you have?
- How will you know you have reached it?
- What would it look like?

PREDICTIONS

- How do you suppose it will impact your family?
- Where will this lead your family?
- What will your family gain or lose?
- What are the chances of success?

RESOURCES

- What resources can your family provide to help you decide?
- What do you know about it now?
- What do you need to know and how can your family help you access this information?

TAKING ACTION

- What action will you take?
- What actions will family members take?
- And after that?
- What will you do? When?
- By what date or time will you complete these steps?
- By what date or time will your family members complete their

GOAL SETTING

- What do you want for yourself?
- What do you want for your family?
- What is your desired outcome?
- If you got it, what would you have?
- How will you know when you have reached it?