

A group of diverse people, including a woman with a large afro, a man with a beard, and several other individuals, are smiling and looking up at the camera. The image is a close-up, low-angle shot, creating a sense of community and positivity.

Familyhood

TANF Modernization Training Family-Centered Coaching

June 29-30, 2022

A white outline of a house shape, consisting of a vertical rectangle on the left and a gabled roof on the right, is positioned on the right side of the blue background.

June 29, 2022

DAY 1 AGENDA

10:00 AM	Welcome and Introductions Nick Gunzelman, Public Strategies
10:30 AM	Family Roadmap Foundations Keith Jossell and James Wall, Public Strategies <i>Family-centered coaching includes a variety of strategies, tools, and skills to holistically help families experiencing poverty achieve their goals. In this segment, participants will discover the core values and principles of family-centered coaching, understand how poverty and trauma affect motivation, hope and readiness for change and explore the mindset, approach and core skills of a family-centered coach.</i>
11:15 AM	Break
11:30 AM	Exploring and Navigating Implicit Bias James Wall, Keith Jossell and Radhika Cruz, Public Strategies <i>Family-centered coaching is rooted in an understanding that institutional forces can prevent families from achieving economic independence. In this segment, participants will explore how poverty and systemic biases negatively impact client safety, choice, sense of empowerment, economic mobility, and family well-being.</i>
1:00 PM	Working Lunch



June 29, 2022

DAY 1 AGENDA

2:00 PM	Family-Centered Coaching Skills Radhika Cruz and Keith Jossell
<i>Family-centered coaching is a set of strategies, tools, and resources that help human service professionals reinvent how they engage with families experiencing poverty. In this segment, participants will practice four core skills of family-centered coaching that build stronger relationships with individuals and families based on trust and transparency.</i>	
3:15 PM	Break
3:30 PM	Coaching Through Stages of Change Keith Jossell, Radhika Cruz and James Wall
<i>The primary goal of coaching is to facilitate a client's growth and behavioral change. In this segment, participants will learn about the five stages of change, practice identifying a client's stage of change and learn effective strategies for coaching clients to behavior change.</i>	
4:30 PM	Wrapping Up the Day Nick Gunzelman
<i>Dinner on Your Own...See You in the Morning!</i>	



June 30, 2022

DAY 2 AGENDA

8:30 AM	Getting the Day Launched Nick Gunzelman
9:00 AM	Clear & Unclear with Overview <i>James Wall</i>
9:15 AM	Full-Family Focus James Wall and Keith Jossell <i>Families don't thrive by focusing on one aspect of their lives at a time. Family-centered coaching provides an opportunity to help families address multiple areas of their lives and reach interrelated family goals. In this segment, participants will practice bringing the whole family into the coaching conversation, learn the important difference between "goal-setting" and goal achievement, and practice supporting client goal progress through reflective listening and backward goal mapping (breaking goals into small, actionable steps).</i>
10:30 AM	Break
10:45 AM	Supporting Participant Progress & Family Goals Radhika Cruz <i>Family-centered coaches understand how ongoing stressors can impact one's ability to act and persist toward desired goals. In this segment, participants will discuss specific strategies for supporting client executive function skills and encourage progress toward goals while learning the process of backward goal mapping (breaking goals into small, actionable steps).</i>



June 30, 2022

DAY 2 AGENDA

12:15 PM	Working Lunch
1:00 PM	Go-Plan-Do (GPD) Keith Jossell <i>Goal setting and goal planning are essential parts of nurturing hope in families. In this segment, participants will practice goal-planning using the Goal-Plan-Do-Review-Revise (GPDR/R) model to support family goals and well-being.</i>
2:00 PM	Break
2:15 PM	Review/Revise (R/R) and Supporting Participant Progress James Wall and Radhika Cruz <i>The road to achieving goals is an iterative process because it often includes unexpected setbacks and challenges. Because plans don't always work as expected, routinely reviewing, and revising goal plans is essential to the goal achievement process. In this segment, participants will review progress made on a goal and reflect on what went well and what could be done differently. Participants will also practice revising their plan based on a need for a more realistic or meaningful goal, a different approach, the need for more time or additional support.</i>
3:30 PM	Break



June 30, 2022

DAY 2 AGENDA

3:45 PM	Putting It All Together Keith Jossell, Public Strategies
	<i>In this segment, participants will learn how scarcity and stress in life diminish executive function abilities and learn effective strategies for supporting executive function abilities as clients pursue their goals.</i>
4:40 PM	Closing Comments OKDHS
5:00 PM	Training Concludes





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